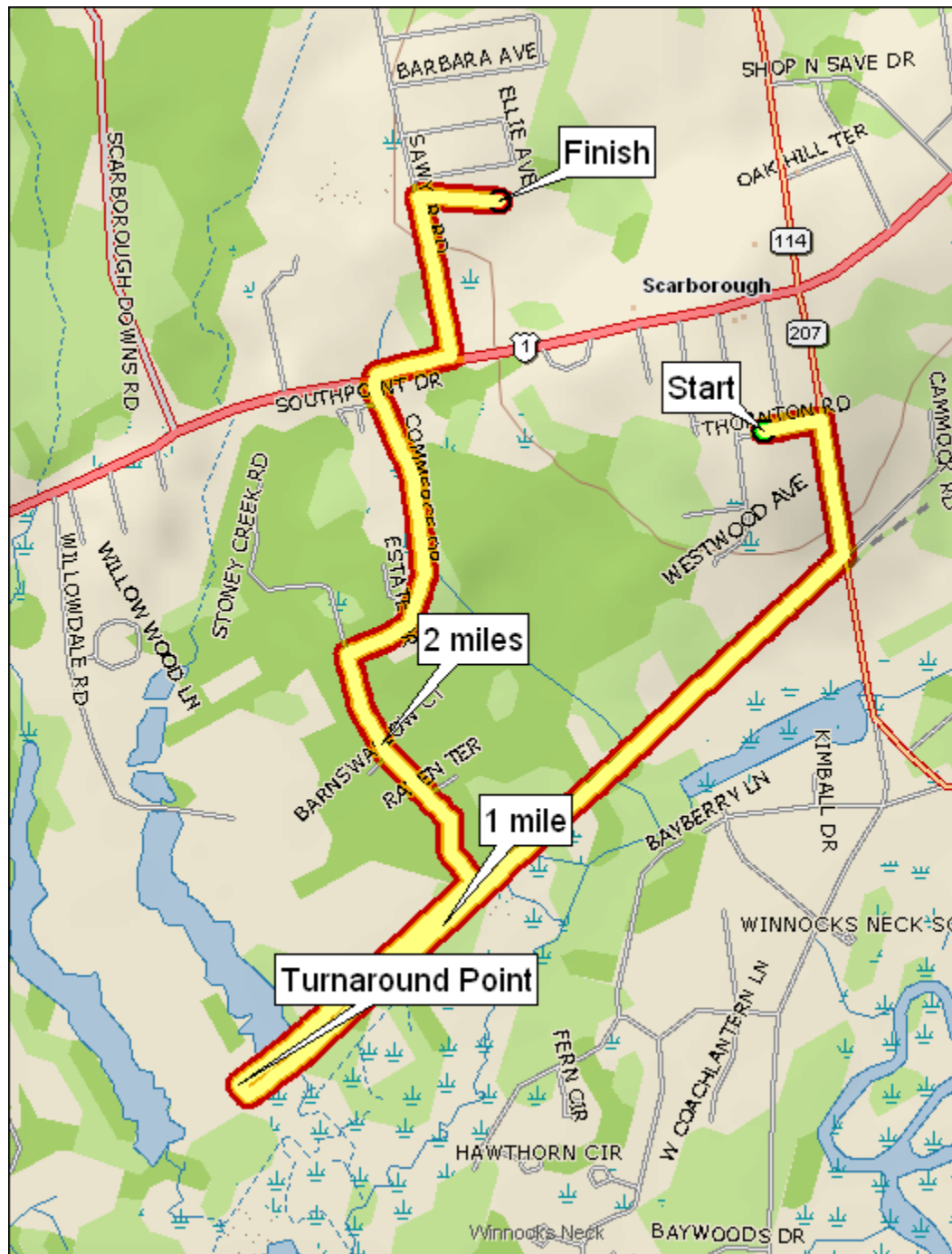


2008 Scarborough Triathlon Run Course



3 mile point to point run course using the Eastern Trail and some roads. There will be a turnaround with cones after roughly 1 ¼ miles. © Tri-Maine 2008

2008 Scarborough Triathlon

Turn by Turn Run Course Directions

1. Exit Transition and turn right onto Thornton Road
2. Turn right onto Black Point Road, staying in the shoulder of the road
3. Turn right onto Eastern Road
4. Eastern Road turns into the Eastern Trail
5. Run on the left side of the trail
6. After roughly 1 ¼ miles, turn around a set of cones, running towards Eastern Road
7. Turn left onto Evergreen Farms Road, staying on the sidewalk
8. Turn right onto Commerce Drive
9. Cross Route 1 at the light
10. Turn right onto the sidewalk
11. Turn left onto Sawyer Road
12. Cross to the right side of the road
13. Turn right onto Durant Drive
14. Enter the walking path near the gazebo and follow the chute to the finish

3 miles total